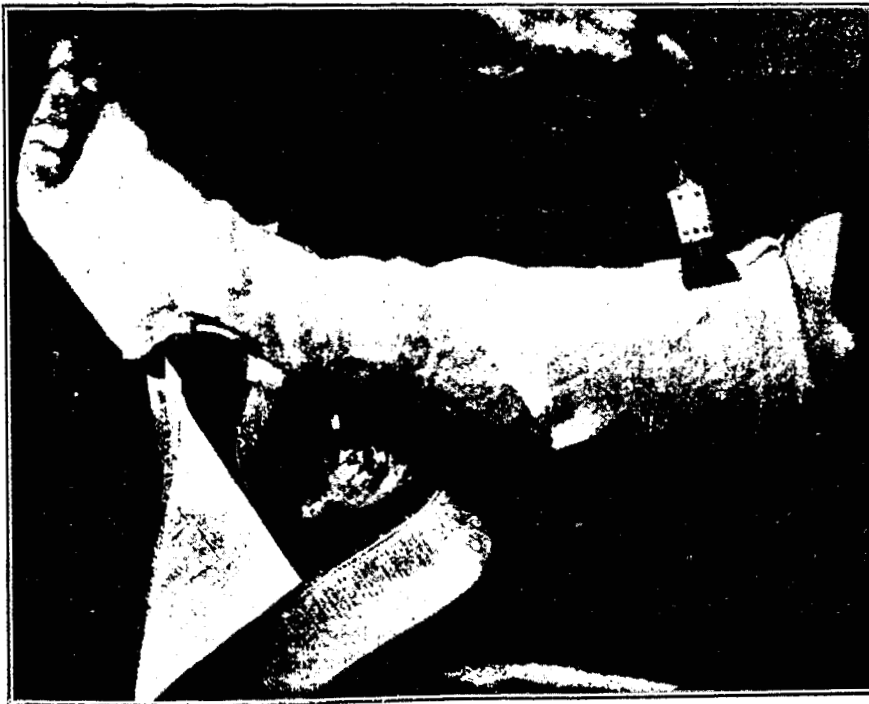


soft bottle for a cushion under his back. Wring out your plaster bandage quickly but gently (so as not to shake the plaster out) and proceed to bandage from the hip-bones to under the armpit leaving half-an-inch of the domette bandage uncovered above and below. Then mix your plaster to a thick cream and smear it all over the crinoline bandage until the latter is covered from view. By the time you have washed your hands it will be sufficiently set for you to place the hot-water bottle—protected by paper—under the patient's back. Now give him a picture-book and tell him to lie quite still until the plaster is dry, or else it will crack and you will have to do it all again. It is no longer

#### UNNA'S PASTE.

Varicose ulcer is one of the commonest complaints among the out-patients. Fomentations or any of the ordinary aseptic dressings may be ordered, but the chief thing in applying them is to remember that, however small the ulcer, the leg must be bandaged firmly from the foot to the knee. Sometimes an "Unna's Dressing" is ordered, and although a little risky, because the sore is not dressed for a fortnight, my experience has been that the patient has found it extremely comfortable, and I have seen marvellous cures through the use of it. Unna's paste is a white gelatinous substance supplied in tablets about two inches square and



APPLYING UNNA'S PASTE.

a tiring position, and my experience is that spinal curvature children are always good patients. Moreover they like their plaster-jackets and are pleased at the thought of a new one.

It is quite easy if you choose the right minute to scratch the date on the jacket with a pair of scissors or a darning needle. Some people advise a "dinner-pad," a piece of cotton wool laid on the abdomen, and pulled out after the bandage is on; but I have not found this either necessary or advantageous. The plaster must be covered when quite dry with an ordinary bandage.

reminding one in appearance of Turkish delight. Half fill a jam-pot with these and put it to boil in a saucepan of water; let your patient sit on a chair with her (the ulcers are much more common with women than with men) leg on a foot-rest. Protect the floor and the rest with newspaper. If you use your plaster mackintosh you will have great difficulty in cleaning it. Spend three or four minutes in washing the sore with carbolic, first 1 in 20 then 1 in 60; powder with iodoform and apply a gauze dressing. Then bandage from the foot to the knee with a carbolic-gauze bandage. The paste when melted will be of the consistency of

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